Virginia's Early Learning & Development Standards	Early Learning Matters (ELM) Curriculum: Birth – 36 Months		
(ELDS)	www.elmcurriculum.org		
	Birth- 12 mos.	12-24 mos.	24-36 mos.
The process for this crosswalk			•
1. Identifying and pairing of the areas of Virginia's E	LDS to the areas of develop	ment in ELM	
2. Identifying and pairing of the sub areas of Virgini	a's ELDS to the foundation s	kills promoted in ELM	
3. Identifying and pairing of the focus area of Virgin	ia's ELDS to specific example	es of activity plans, teachin	g strategies, and/or additional
learning supports within ELM. Each foundation s	kill is promoted across multi	ple blocks of activity plans,	however, only one example is
provided for ease in readability.			
Approaches to Play and Learning		Self-Regulation	
APL1. Curiosity and Initiative	The ELM Curriculum encou	rages curiosity and taking	initiative in various ways. For
APL1.1. Being curious learners	example, exploration of di	fferent objects is emphasiz	ed across multiple activity
APL1.2. Taking initiative	plans. Children are offered	l ample opportunities to to	uch, take apart, and
	manipulate these objects t	o understand what they a	nd how they work, and
	teachers are encouraged to	o talk about these objects	as children are exploring.
	Further, all ELM activities a	are driven by children's inte	erests, and thus, allow children
	to take initiative in their ov	wn learning. For example, i	n Block 14, children are given
	options for various toys to	play for a planned ELM ac	tivity focused on farm animals.
APL2. Creativity and Imagination	ELM fosters children's creativity and imagination in numerous ways throughout the		
APL2.1. Showing creativity and imagination	activity plans and across ar	reas of development. For e	xample, ELM offers countless
	opportunities for children to create art and build with different kinds of materials.		
	ELM also encourages imagination through pretend play and opportunities to dance		
	and create music with diffe		
APL3. Executive Functions and Cognitive Self-Regulation			on and executive function in
	the area of Self-Regulation	. Here are examples of act	ivity plans promoting these
	skills in each age group:	_	
APL3.1. Focusing and paying attention	Focusing on a moving toy	Watching and making a	Focusing on body
	(Block 1)	toy move and stop	movements to a song (Block
		(Block 7)	7)
APL3.2. Building working memory	Watching a toy being	Remembering where	Watching and remembering
	hidden for a caregiver to	the toy car is hiding	the location of a moving car
	find (Block 25)	(Block 12)	(Block 12)

APL3.3. Thinking flexibly and adapting	Watching and manipulating a toy car (Block 13)	Watching and making our body move to music and stop when music stops (Block 18)	Moving and freezing our bodies as music plays and stops (Block 9)	
APL3.4. Inhibiting responses			Taking turns and sharing with peers (Block 2 – Social- Emotional)	
APL3.5. Persisting and problem-solving	Persisting in removing toys from box (Block 24)	Looking closely to find pictures that are the same (Block 15)	Taking apart and putting together a puzzle (Block 15)	
APL4. Behavioral Self-Regulation	•	The ELM Curriculum promotes children's self-control in the area of Self-Regulation. Here are examples of activity plans promoting this skill in each age group:		
APL4.1. Managing actions and behaviors	Practicing how to calm down after a song with actions (Block 2)	Practicing how to calm down after ringing a bell (Block 5)	Watching and practicing a tree pose (yoga) (Block 8)	
Social and Emotional Development		Social-Emotional		
SED1. Positive Self-Concept	Children's positive self-concept is nurtured in various ways through the ELM curriculum. For example, teachers are expected to create warm and responsive environments and are encouraged to use positive language when describing the actions of children. Teachers are expected to acknowledge children's actions, utterances, and feelings in positive ways. Finally, when children become verbal, many activity plans focus on helping children describe how they are feeling and how this may be different than others.			
SED1.1. Developing self-awareness SED1.2. Developing self-confidence	ELM supports the development of self-awareness through various activities and daily routines. For example, teachers are encouraged to use children's names frequently and talk about what each child is doing (e.g., "Jaden, you're watching Lisa play with a rattle."). ELM also encourages teachers to name the body parts that infants are looking at during diapering and feeding.			
SED1.2. Developing sen-confidence	ELM recommends that teachers use frequent encouragement and praise to foster the development of children's self-confidence. For example, ELM recommends that during challenging tasks, teachers use encouraging language (e.g., "You are working so hard!") to help the child persist.			
SED1.3. Becoming autonomous and independent	ELM helps children become autonomous and independent. For example, activity plans typically include two or three options. The first option capitalizes on proven			

	benefits of learning by observing. Subsequent options involve guided practice and, in many plans, independent practice. The Be Prepared section included in many activity plans supports teachers in being autonomy supportive. For example, in one activity, ELM recommends that teachers sit next to an older toddler with a puzzle placed in front of the toddler. The intent is to informally communicate support for the toddler's direct and active manipulation of the material, with the caregiver as a guide on the side. This approach is consistent with the emergence of autonomy among older toddlers and sends a clear message about the toddler's active role in learning. ELM gives recommendations around children engaging in their own self- care (e.g., washing their own hands when developmentally ready).		
SED2. Emotional Competence	The ELM Curriculum promotes children's awareness of emotions in the area of Social-Emotional development. Here are examples of activity plans promoting the skill in each age group:		
SED2.1. Seeing and naming emotions in self and others SED2.2. Expressing emotions	Engaging in responsive interactions focused on facial expressions (Block	Looking at and making different facial expressions (Block 16)	Naming and describing some common feelings (Block 17)
SED2.3. Communicating feelings, wants, and needs	3) Exploring happy and sad feelings using a book (Block 19)	Communicating happy and sad feelings (Block 17)	Talking about feelings and reasons for different feelings (Block 24)
SED2.4. Regulating emotions	See Self-Regulation: self- control	Talking about way to calm down when feeling upset (Block 22)	Talking about and practicing ways to calm down when feeling upset (Block 21)
SED2.5. Showing care and concern for others	Interacting with a caregiver focused on nurturing actions (Block 16)	Imitating different facial expressions (Block 19)	Talking about how the main character of a story might feel in response to different events and situations (Block 22)
SED3. Interacting with Others	The ELM Curriculum promotes social interaction skills in the area of Social- Emotional development. Here are examples of activity plans promoting these skills in each age group:		
SED3.1. Developing relationships with adults	Interacting with caregiver while playing with different toys (Block 4)	Engaging in play with caregiver and taking turns (Block 2)	Imitating actions of staff and peers (Block 6)

SED3.2. Developing relationships with other children	Meeting and greeting infants in our room (Block 10)	Watching and imitating peer actions while playing with toy vehicles (Block 7)	Engaging in pretend play with peers (Block 3)
SED3.3. Engaging in cooperative play	Participating in back and forth play with caregiver (Block 2)	Playing with peers at the water table and with toy telephones (Block 8)	Working cooperatively with others (Block 12)
SED3.4. Solving social interaction problems			Talking about and using our hands to do good things for ourselves and others (Block 23)
Communication, Language and Literacy Development		Communication/Langua	ge
CLLD1. Communication	The ELM Curriculum promotes the skills of receptive and expressive language in the area Communication/ Language as well as other areas such as Social-Emotional. Here are examples of activity plans promoting these skills in each age group:		
CLLD1.1. Understanding verbal and nonverbal cues	Participating in a song with hand movements (Block 16)	Talking about pictures of facial expressions (Block 10)	Connecting visual symbols to items, activities, and songs (Block 12)
CLLD1.2. Using vocabulary and nonverbal cues to communicate	Repeating and expanding a child's utterance and recognize nonverbal communications		
	Waving hello and goodbye (Block 20)	Talking and acting out a story about monkeys jumping on a bed (Block 8)	Using a puppet to act out a story about five little ducks (Block 16)
CLLD1.3. Learning and engaging in conversational interactions	Participating in responsive interactions during routine activities (Block 13 – Social- Emotional)	Talking about pictures in a wordless book (Block 25)	Telling stories with a wordless book and props in a "story bag" (Block 24)

CLLD2. Foundations of Reading	Book sharing is used extensively in the ELM Curriculum to promote young children's communication and language skills. During infancy, activity plans offer options for looking at a book's pictures that a caregiver describes in his/her words while pointing. Book-sharing activities with toddlers emphasize opportunities to communicate about pictures and a story and point to items in pictures that a caregiver names. Here are examples of activity plans promoting these skills in each age group:		
CLLD2.1. Paying attention to print as meaningful	Talking about pictures of familiar objects (Block 11)	ELM encourages pointing book with toddlers. The	g to book text while reading a intent is to support children's n a book page, (b) print can be
CLLD2.2. Understanding ideas, vocabulary, and information in stories and texts	Activity plans consistently familiar items and experien Talking about fun things babies do with Families (Block 21)		onnect book information to n and home environments. Connecting book words and pictures to toddlers' experiences (Block 7)
CLLD2.3. Learning spoken language is composed of smaller segments of sound	Talking about sounds made by items shown in book pictures (Block 3)	Noticing different kinds of sounds (Block 14)	Talking about sounds featured in a book and heard in our room (Block 25)
CLLD2.4. Learning how letters and print work to create words and meaning			Connecting a printed word to objects and pictures (Block 22)
CLLD3. Foundations of Writing	The ELM Curriculum promotes fine motor skills in the area of Physical/Health. Activity plans for young and older toddlers support holding and manipulating tools, including paintbrushes markers, and crayons. Here are examples of activity plans promoting these skills in each age group:		

CLLD3.1. Drawing, scribbling, and writing to		Making marks with	Drawing on smooth
communicate		paintbrushes and	and textured surfaces (Block
		markers (Block 3)	13)
CLLD3.2. Developing writing habits and skills		Making marks on paper	Making marks and circles
CLLD3.3. Handling writing tools		with different types of	with different colors (Block 4)
		artistic tools (Block 11)	
Health and Physical Development		Physical/Health	
HPD1. Using Senses		-	king, feeling, hearing) in the
	• • • • • • • • • • • • • • • • • • •		cluding Cognitive development.
		-	llers are encouraged to use one
		•	s of activity plans promoting
	the use of senses in each a		
HPD1.1. Learning through all senses	Using our senses	Using fingers and	Manipulating sensory
	to explore toys in	paintbrushes to	materials (Block 3-
	different ways (Block 15- Cognitive)	make marks (Block 25- Physical/Health)	Physical/Health)
HPD2. Gross Motor			r development in the area of
	The ELM Curriculum promotes the skill of gross motor development in the area of Physical/Health. Here are examples of activity plans promoting these skills in each age group:		
HPD2.1. Developing large muscle control	Practicing how to	Balancing and	Practicing how to jump (Block
	shift positions: rolling	moving parts of our	10)
	over, crawling, sitting	body (Block 14)	
	(Block 3)		
HPD2.2. Exploring the environment	Practicing early	Carrying a bag of items	Engaging in physical
	locomotion,	around the room (Block	movements that include
	including creeping,	12)	crossing the midline (Block
	crawling, or walking		21)
	(Block 15)		
HPD3. Fine Motor	The ELM Curriculum promotes the skills of fine motor development in the an		
		examples of activity plans p	promoting these skills in each
	age group:		

HPD3.1. Using eyes and hands together	Practicing eye-	Manipulating stacking	Using fine motor skills to	
The DS.1. Using eyes and hands together	hand coordination	toys and pegs in peg	practice pincer grasps,	
	with novel items,	boards (Block 21)	manipulate tongs, and cut	
	including toys with		with scissors (Block 24)	
	holes (Block 14)		With seissors (Diock 24)	
HPD3.2. Developing small muscle control	Reaching for,	Practicing how to shake	Putting together	
	grasping, holding,	and stop shaking bells	materials with both	
	and moving different	(Block 19)	Hands (Block 14)	
	toys (Block 5)			
HPD4. Physical Health and Self-care		recognize ontimal support	for physical well-being and	
			regular periods of sleep and	
	-		gestions for supporting good	
	health practices are offered in the User Guide: Birth- 36 Months Areas Promoted by ELM Physical/Health.			
HPD4.1. Taking care of daily health needs				
HPD4.2. Adopting safe behaviors	- · ·			
HPD4.3. Eating with healthy habits	a food item you name i			
HPD4.4. Developing healthy habits for rest and sleep	toddlers to say the names of foods offered during a snack or meal.			
	• Offer brief, child-friendly explanations to toddlers for regular routines in your			
	room, such as rest time	e and handwashing. Empha	asize how health-related	
	routines help us have s	strong bodies.		
	Demonstrate and desce	ribe how to use utensils ar	nd dishes during mealtimes	
	with toddlers.	with toddlers.		
	Create a simple handwashing song for toddlers. Include key actions, such as			
	wet, rub, scrub, rinse, a	and dry. (See 12-24 mos. B	lock 13)	
		Tell an infant that you think he/she is hungry or full. Example: "I think you are		
	crying because you are	hungry. Let's find some fo	ood for you."	
Cognitive Development	Cognitive			
CD1. Science: The Natural and Physical World	-		uiry and problem solving in the	
	area of Cognitive development. Here are examples of activity plans promoting			
	these skills in each age group:			
CD1.1. Paying attention to the natural world	Looking at and	Manipulating dry and	Manipulating water	
	manipulating different	wet sand (Block 1)	and dry material (Block 9 –	
			Physical/Health)	

	types of objects,		
	including water (Block 2)		
CD1.2. Testing questions and ideas	Holding and manipulating	Taking toys apart and	Guessing what is
	different toys, including	putting them back	hiding in a picture
	nesting cups (Block 5)	together (Block 10)	book and a bag (Block 3)
CD2. Social Science: People, Community, and Culture	The ELM Curriculum promo	otes social interaction skills	s in the area of Social-
			y plans promoting these skills
	in each age group:		
CD2.1. Learning about ways that people interact	Interacting with a	Talking about our	Engaging in open-ended play
	caregiver while playing	families and friends	with a caregiver and peers
	with a baby	Recognizing peers in	focused on telling others
	doll (Block 15)	our room (Block 10)	what we are doing (Block 4)
CD2.2. Understanding relationships and connections	Meeting and greeting	Exploring how	Looking at and
	infants in our room	children's activities and	describing what
	(Block 10)	actions are the same	children in a book are
		and different (Block 9)	doing together (Block 10)
CD2.3. Learning about differences	Talking about different	Exploring how different	Talking about how
	things babies do (Block	family members do	children can be the
	14 – Communication/	different kinds of	same and different (Block 9)
	Language)	activities (Block 15)	
CD3. Mathematics	The ELM Curriculum promo	otes the skills of object inq	uiry and problem solving in the
	area of Cognitive developm	nent. Here are examples o	f activity plans promoting
	these skills in each age grou		
CD3.1. Comparing numbers, counting, and recognizing	Choosing one of two toy	Picking one toy for	Participating in
quantities	possibilities (Block 21)	each teddy bear (Block	games that promote
		7)	the concepts of one
			and two (Block 21)
CD3.2. Understanding number relationships and solving			
problems using operations			
CD3.3. Geometric thinking and spatial reasoning	Watching a caregiver	Exploring location	Engaging in movements that
	manipulate and hide a	words (Block 17)	emphasize different spatial
	toy (Block 20)		relationships (Block 13)

CD3.4. Sorting, classifying, and patterning	Noticing differences between toys (Block 7)	Finding toys that are the same and different	Sorting and matching by color and type (Block 4)
CD3.5. Describing, comparing, and measuring	Looking at and manipulating different types of objects, including soft and hard	(Block 12) Describing and manipulating different types of clothes (Block 9)	Comparing clothes worn by people and by animals (Block 14)
CD4. Fine Arts		ion in multiple areas of de	d experiences to learn through velopment. Here are examples age group:
CD4.1. Exploring and expressing ideas through movement and dance	Moving to music with hands and arms and while being held by a caregiver (Block 21 – Physical/Health)	Doing hand and leg actions with music (Block 7)	Coordinating actions with words in a song (Block 1 – Self-Regulation)
CD4.2. Learning about and through music	Focusing on a rhyme and finger actions (Block 22 – Self-Regulation)	Listening to and saying rhyming words in a nursery rhyme (Block 13- Communication/ Language)	Moving shakers in different ways to music (Block 17 – Physical/Health)
CD4.3. Building understanding, empathy, and relationship skills through drama and theatre arts	Watching the actions of a puppet (Block 7 – Self- Regulation)	Engaging in pretend play with a caregiver and with peers (Block 25 – Social- Emotional)	Engaging in pretend play with peers (Block 15 – Social- Emotional)
CD4.4. Using visual arts media to express thoughts and feelings	Focusing on color differences (Block 18 - Cognitive)	Making marks on paper with different types of artistic tools (Block 11 – Physical/Health)	Manipulating and creating with play dough (Block 23- Physical/Health)