

Language/  
Literacy**Understanding Words**

- How author Janell Cannon's interest in animals helped her write books
- How Janell Cannon's illustrations can help people like animals that may make them feel scared, and her story helps us remember to be kind to people
- How changes in an illustration of the same item can help tell a story

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## Mathematics

**Counting Things**

- Practicing how to make groups of different numbers of items
- Comparing groups of different amounts of items

Self-  
Regulation**Paying Attention**

- Practicing concentration by looking closely at the color of someone's eyes
  - *Hello Game*
- Following requests by watching and taking turns
  - "Silly Faces Song"

Social-  
Emotional**Getting Along with Others**

- Reviewing how to take turns
- Reviewing how to cooperate



## Science

**Exploring Earth and Space**

- Different external characteristics of rocks
- Comparing wet and dry rocks
- How water on a rock shows a rock's colors, spots, and lines

Physical/  
Health**Moving Our Bodies**

- Practicing how to balance and shift our weight
- Practicing how to roll our bodies

Social-  
Emotional

Getting along well with others involves sharing valued items.

- Provide a small set of blocks (or other play items) and invite your child to show and describe different ways to share the blocks. Options include: (1) dividing the blocks in half so each person has some to play with; (2) playing with the blocks together to build something; and (3) taking turns playing with the blocks.

Identifying letters in the first names of family members or friends can strengthen children's letter knowledge.

- Print on a sheet of paper the first names of several members of your family or your child's friends. Write the names in a column, beginning with your child's name. Invite your child to find letters that appear in more than one name. Encourage your child to point to and say the letters he/she finds.

Language/  
LiteracySelf-  
Regulation

Copying another person's facial expression can enhance children's attention and concentration skills.

- Make a silly facial expression and encourage your child to copy it. Try other facial expressions, such as sad, scared, and surprised. Reverse the activity by copying different facial expressions your child makes. Take turns being the leader and follower.

Using math words can bolster children's skills in counting and comparing different groups of items.

- Create two or three groups of 10 or fewer small items, such as coins. Put different amounts in each group. Invite your child to indicate which group has more or fewer items. Change the numbers of items in each group. Provide practice in comparing groups by using more math words: fewest, equal, less, most.

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## Mathematics

Physical/  
Health

Shifting body weight between feet/legs, or to hands/arms, can enhance skills in balancing our bodies.

- Encourage your child to practice shifting his/her weight from side to side while standing, and also by standing on one foot at a time, using arms to help with balance. A frog position can be used to practice shifting weight to hands from feet, and from one hand to another.

Exploring the characteristics of rocks can enrich children's understanding of an important part of our natural world.

- Help your child look at or collect rocks of different sizes and shapes. Encourage your child to describe similarities and differences across rocks. If possible, provide a magnifying glass for making comparisons of colors and textures. Putting water on rocks often reveals interesting lines and colors.



## Science