

Language/
Literacy**Understanding Words and Letters**

- How to understand, comprehend, and interpret information in a book
- Learning new words
- Review how to identify, name, and say the sound of the letters Z, Q, I, U and V

123

Mathematics

Counting Things

- Making groups of 1–4 items
- Identifying and remembering small quantities of items without counting
- Comparing groups of items and using number words

Social
Studies**Exploring Where We Live**

- Characteristics of passenger and cargo airplanes
- Characteristics of medical and cargo helicopters
- Characteristics of rowboats, sailboats, and motorboats
- Characteristics of cruise ships and cargo ships

Creative
Expression**Doing Drama**

- Using a finger puppet to tell a story
- Using a stick puppet to tell a story
- Selecting and using puppets to tell an original story

Physical/
Health**Staying Healthy and Safe**

- Five different types of food that are healthy for us to eat
- Characteristics of rest, sleep, and bedtime routines

Social
Studies

Identifying types of transportation that move on air or water can deepen children's understanding of how people and things can move from one place to another place.

- As you move around your community with your child, encourage your child to point out airplanes, helicopters, and, if possible, boats. Invite your child to guess what the form of transportation is carrying and where it might be going.

Physical/
Health

Establishing and following a bedtime routine can help children prepare for a good rest.

- Work with your child to establish a routine prior to a rest period. Children benefit from a predictable sequence of activities. A routine before bed might include: brush teeth, put on pajamas, exchange goodnight hugs, gather a "snuggly," and listen to and discuss a calming storybook.

Preschool children's knowledge of letters is linked to later reading skills.

- Make a chart containing upper- and lowercase letters Z, Q, I, U, and V. Your child's classroom has introduced these letters. Strengthen your child's familiarity with these letters by asking your child to point to and pronounce the name of a letter you say, in the order each appears on your chart. Repeat the process with the letters in random order. Are any of the letters in a family member's name?

Language/
Literacy

Comparing two groups of items can bolster children's counting skills and use of some math words.

- Form two small groups with different numbers of items in each, or roll two dice and draw attention to dots on the sides that land on top. Invite your child to use words such as "more," "fewer," and "equal" to describe the size of groups. Encourage your child to count each group. Repeat.

123

Mathematics

Retelling a story with puppets can support children's creative expression skills.

- Provide one, or several, puppets for your child to use in retelling a favorite story or making up a new story. Encourage your child to move the puppet(s) and use a voice that sounds like the puppet character. Puppets can be created with fabric covering a hand. Other options: finger puppets, stick puppets, and paper bag puppets.

Creative
Expression