



Language/ Literacy

Understanding Words and Letters

- How to understand, comprehend, and interpret information in a book
- Learning new words
- Identifying the letters D, W, L, and N
- Practicing blending sounds
- How to make new words by taking away the beginning sound

123

Mathematics

Counting Things

- How to collect and organize information about our favorite shapes on a chart
- How to sort beads by color and organize information on a chart
- How to measure, organize, and present information on a chart about the length of three different strings (Days 3, 5) and our height



Self- Regulation

Focusing & Remembering

- How to follow requests by watching and remembering
 - *Orange Circle, Purple Circle* game
- How to follow requests by listening, watching, and remembering
 - *The Freeze Game*



Social- Emotional

Understanding Feelings

- What we might say to children who seem upset about something
- What children might think or feel if different things were said to them



Social Studies

Exploring Where We Live

- How to use ballots and a ballot box to vote for a name for our teddy bear and for a toy to play with at center time



Creative Expression

Doing Drama

- How to pretend to be different people
- How to pretend to be an animal
- How to pretend to do different activities



Physical/ Health

Moving Our Bodies

- How our feet and legs move when we skip along a straight line
- Practicing skipping in a circle

Social-
Emotional

Anticipating how someone might respond to our actions is an important part of social skills.

- Talk about pretend or real situations where someone is having a difficult experience. Example: someone is sad or frustrated because he/she has misplaced a favorite toy. Invite your child to think of ways he/she could be helpful in the situation and how the person who is having the difficult experience might react.

Literacy skills can be enhanced when children change the beginning sound of a one-syllable word to create a new word.

- Support your child in changing the beginning (letter) sound of words that end with the *an* sound. Examples: m-an, p-an, c-an, f-an. For more practice, invite your child to create words that end with the *ake* sound. Examples: c-ake, b-ake, l-ake, r-ake.

Language/
LiteracySelf-
Regulation

Children can strengthen their concentration skills by behaving in specific ways to different music tempos.

- Play different tempos of music. Invite your child to dance or move slowly to fast music, and to dance or move fast to a slow music tempo. Increase the challenge by adding an element, such as clapping hands slowly while dancing or moving fast to slow music.

Practice in sorting and counting small groups of items can improve math skills.

- Provide a collection of up to 20 small items, such as blocks or toy cars. Invite your child to sort the items into two or three groups and then count the items in each group. Involve your child in deciding how to sort. Examples: color, shape, size. Which group has the fewest? Repeat with different sorting arrangements.

123

Mathematics

Social
Studies

Broaden your child's understanding of voting by practicing how to vote in secret.

- Draw or print out pictures of two or three favorite family dishes for a meal. Use a secret method for each family member to vote for what to prepare for a special family meal. Create and use a secret ballot, or have each family member privately place a small piece of paper by the picture of their favorite dish.

Pretending to be another person or animal is a fun way to support children's creative expression skills.

- Involve your child in acting out different people or animals in familiar stories. Use different voices, facial expressions, and/or body movements to imitate story characters.

Creative
Expression

Skipping is a challenging movement that can strengthen skills in body coordination.

- Once your child can hop on one foot in place with control, support your child's ability to skip by using the following steps: 1) hop once on one foot, 2) step forward with the other foot, 3) hop once on the foot that stepped forward, and 4) step forward with the other foot. Repeat the hop and step pattern.

Physical/
Health