

Language/
Literacy**Understanding Words and Letters**

- How to understand, comprehend, and interpret information in a book
- Learning new words
- How to blend the beginning sound (onset) with the remaining sounds (rime) in one-syllable words
- The name, sound, written form, and uses of the letter D

123

Mathematics

Counting Things

- How to split a group of items into two parts
- The number of items in the two parts is the same number of items in the whole group

Self-
Regulation**Focusing & Remembering**

- How to focus and take turns
 - *Mystery Bag* game
- How to follow requests by listening and taking turns
 - *Listening Bingo* game

Social-
Emotional**Understanding Feelings**

- Describing situations that might lead to particular emotions
- Pretending our face is showing an emotion

Social
Studies**Exploring Where We Live**

- How we get news about things that have happened or will happen in our community, country, or other places in the world
- How to write a news article about something that happened in our classroom



Science

Exploring Habitats

- Desert habitats can be very dry and mostly covered with sand and rocks
- How some animals and plants survive in a desert habitat

Physical/
Health**Staying Healthy and Safe**

- How to stay safe when riding in cars or trucks
- How to stay safe when riding a tricycle or bicycle

Social-
Emotional

Thinking about why someone might feel a specific emotion can help children get along well with others.

- When you read children's books with your child, talk about why a character in the story might feel happiness or sadness or some other emotion. What happened in the story that led a book character to feel a specific way?

Self-
Regulation

Children can strengthen their understanding of behavior control by giving you signals for moving parts of your body.

- Figure out a simple system of different signals that correspond to two different movements of your body. Example: one clap means you move your right arm in a circle, two claps means you move your left arm back and forth. Three claps means you stop arm movements. Encourage your child to watch closely because you might make a mistake!

Social
Studies

Children benefit from knowing how your family learns what is going on in the world.

- Show and talk with your child about sources of news you use, such as television, radio, newspapers, and websites. Describe a specific news item that would be of interest to your child.

Preschool children's knowledge of letters is linked to later reading skills.

- Make a chart containing uppercase and lowercase letters M, T, R, F, and W. Your child's classroom has introduced these letters. Strengthen your child's familiarity with these letters by asking your child to point to and repeat a letter you say in the order each appears on your chart, then randomly. Are any of the letters in a family member's name?

Language/
Literacy

Children can strengthen their math skills by splitting a group of items into two parts and then counting all items together.

- Put two napkins or pieces of paper on a table. Give your child four items to count and then divide into two parts (napkins). Examples: two items on each napkin; one item on one napkin and three items on the other napkin. Next, encourage your child to count items on each napkin and then count all items together. Repeat with different numbers of items.

123

Mathematics

Children's understanding of a desert is strengthened by learning about desert animals and plants.

- Talk with your child about pictures of desert plants and animals you find in library books or web sources. Animals to look for include prairie dogs, jackrabbits, roadrunners, desert tortoises, fennec foxes, owls, snakes, rats, and camels. Discuss how desert animals live differently than other similar animals.



Science

It is helpful for children to understand reasons for your family's safety rules.

- Children are more likely to follow rules when they understand reasons for rules. Explain your family's safety rules, such as the importance of using seat belts in vehicles, and wearing a helmet when riding a tricycle or bike.

Physical/
Health