



Language/ Literacy

Understanding Words and Letters

- How to understand, comprehend, and interpret information in a book
- Learning new words
- How to blend two initial sounds (body) with the ending sound (coda) of one-syllable words
- The name, sound, written form, and uses of the letter T

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Mathematics

Measuring Things

- How to compare the height and width of different items
- How to compare the length of two items
- How to measure things with our hands
- How to measure things using a tool made of Unifix® cubes



Self- Regulation

Focusing & Remembering

- How to focus and take turns
 - *Mystery Bag* game
 - *Listening Bingo*



Social- Emotional

Understanding Feelings

- We can feel thankful about things we have or something someone has done or said to us



Social Studies

Exploring Where We Live

- Uniforms worn by community helpers
- How to compare patches and name tags on some community helper uniforms



Creative Expression

Dancing with Music

- Pretending to be different animals moving to music
 - Lion and elephant
 - Fish and bird
 - Dinosaur and swan



Physical/ Health

Staying Healthy and Safe

- A picky eater wants to eat only certain things
- Different types of healthy snack foods
- How we can try different types of healthy foods by eating small amounts

Social-
Emotional

Recognizing another person's help or thoughtfulness is part of getting along well with others.

- Talk with your child about the value of saying "thank you" to someone who helps us or does something thoughtful. Examples: someone serves food, shares a toy, offers a compliment. People who do helpful or thoughtful things will feel good about being noticed. Remind your child to say "thank you" or "thanks" in situations you observe.

Manipulating the sounds of words can strengthen children's pre-reading skills.

- Practice compound word skills. Say a compound word and invite your child to say each of its two words. Another challenging option is to say a one-syllable word slowly, breaking it into sound parts and pausing between each part. Examples: ha-t; ca-t; too-th; do-ll; su-n; foo-t; boo-k; ca-ke; je-t. Invite your child to tell you the word.

Language/
LiteracySelf-
Regulation

Asking questions about a hidden object can strengthen children's skills in focusing and remembering.

- Hide a small object in a paper bag. Invite your child to ask questions for clues to figure out what is in the bag. Encourage your child to ask more than one question. Help your child think of questions to ask by offering a reminder of your answer to a question, if appropriate.

Children can strengthen their understanding of measurement by comparing the height, length, or width of two items.

- Gather several items from your home. Examples: stuffed animals, blocks, crayons and markers, plastic cups. Invite your child to select two items and compare their height. Which one is taller (or shorter)? Repeat this process by comparing the length and width of two items.

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Mathematics

Social
Studies

Children can strengthen their understanding of the work of helpers in a community by noticing their uniforms.

- Talk with your child about uniforms worn by community helpers of interest to your child. Discuss how the uniforms help workers do their jobs. Examples: hairnet worn by food service worker, fireproof boots and clothing worn by firefighters.

Children can strengthen their awareness of music tempo by moving their body to slow and fast music.

- Play different kinds of fast and slow music. Encourage your child to move his/her body like the music suggests. Move faster with fast music, move slower with slow music. Your child may wish to pretend to be an animal when moving his/her body. Example: a turtle with slower music.

Creative
Expression

Choosing healthy foods for snacks helps keep children's bodies strong and healthy.

- Talk with your child about healthy snacks, such as yogurt, cheese, fruits, and vegetables. Encourage your child to help you find healthy snacks when you shop at a store.

Physical/
Health