

	BLOCK 1	BLOCK 2	BLOCK 3	BLOCK 4	BLOCK 5
COMMUNICATION/ LANGUAGE	Receptive language Expressive language Awareness of differences in sounds <ul style="list-style-type: none"> Listening to and making zoo animal sounds 	Receptive language Expressive language Awareness of differences in sounds <ul style="list-style-type: none"> Making demonstrated animal sounds 	Receptive language Expressive language Awareness of print and pictures <ul style="list-style-type: none"> Participating in book sharings focused on how books work 	Receptive language Expressive language Awareness of print and pictures <ul style="list-style-type: none"> Using book words and pictures to engage in guessing 	Receptive language Expressive language Awareness of print and pictures <ul style="list-style-type: none"> Using book words and pictures to learn about colors
COGNITIVE	Object inquiry skills <ul style="list-style-type: none"> Building pretend roads with blocks 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Pulling apart and putting together objects that connect 	Problem-solving <ul style="list-style-type: none"> Guessing what is hiding in a picture book and a bag 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Sorting and matching by color and type 	Object inquiry skills Problem-solving <ul style="list-style-type: none"> Building pretend houses and boats with blocks
SELF-REGULATION	Concentration <ul style="list-style-type: none"> Coordinating actions with words in a song 	Self-control <ul style="list-style-type: none"> Breathing slowly and deeply with or without a prop 	Executive function <ul style="list-style-type: none"> Watching and remembering where a toy frog is hiding 	Concentration <ul style="list-style-type: none"> Matching animal picture cards 	Self-control <ul style="list-style-type: none"> Breathing slowly and deeply while watching our stomach
SOCIAL-EMOTIONAL	Social interaction skills <ul style="list-style-type: none"> Taking turns with peers while playing with animal figures 	Social interaction skills <ul style="list-style-type: none"> Taking turns and sharing with peers 	Social interaction skills <ul style="list-style-type: none"> Watching and imitating actions of a caregiver and peers focused on using play dough Engaging in pretend play with peers 	Social interaction skills <ul style="list-style-type: none"> Engaging in open-ended play with a caregiver and peers focused on telling others what we are doing 	Social interaction skills <ul style="list-style-type: none"> Engaging in open-ended pretend play with a caregiver and peers
PHYSICAL /HEALTH	Fine motor development Gross motor development <ul style="list-style-type: none"> Practicing different physical movements 	Gross motor development <ul style="list-style-type: none"> Stepping up and down 	Fine motor development <ul style="list-style-type: none"> Manipulating sensory materials 	Fine motor development <ul style="list-style-type: none"> Making marks and circles with different colors 	Fine motor development Gross motor development <ul style="list-style-type: none"> Practicing different movements and stopping upon request

	BLOCK 6	BLOCK 7	BLOCK 8	BLOCK 9	BLOCK 10
COMMUNICATION/ LANGUAGE	Receptive language Expressive language Awareness of print and pictures <ul style="list-style-type: none"> Using book words and pictures to make predictions and talk about in and out 	Receptive language Expressive language <ul style="list-style-type: none"> Connecting book words and pictures to toddlers' experiences 	Receptive language Expressive language Awareness of print and pictures <ul style="list-style-type: none"> Understanding and enacting actions of characters in a book 	Receptive language Expressive language <ul style="list-style-type: none"> Exploring a book about wind 	Receptive language Expressive language Awareness of differences in sounds <ul style="list-style-type: none"> Creating sounds and images of items featured in a book
COGNITIVE	Problem-solving <ul style="list-style-type: none"> Carrying balls to and from baskets 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Making or distributing one item for each hand or toy 	Problem-solving <ul style="list-style-type: none"> Finding items that are the same 	Object inquiry skills <ul style="list-style-type: none"> Identifying and manipulating different types of clothing 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Pulling apart and putting together play items that connect
SELF-REGULATION	Executive function <ul style="list-style-type: none"> Taking apart and putting together a puzzle 	Concentration <ul style="list-style-type: none"> Focusing on body movements that correspond to a song 	Self-control <ul style="list-style-type: none"> Watching and practicing a tree pose (yoga) 	Executive function <ul style="list-style-type: none"> Moving and freezing our bodies as music plays and stops 	Concentration <ul style="list-style-type: none"> Matching vehicle picture cards
SOCIAL-EMOTIONAL	Social interaction skills <ul style="list-style-type: none"> Imitating actions of staff and peers 	Social interaction skills <ul style="list-style-type: none"> Participating with peers in a shared play activity 	Social interaction skills <ul style="list-style-type: none"> Engaging in pretend play focused on a bus trip and toy vehicles 	Social interaction skills <ul style="list-style-type: none"> Talking about how children can be the same and different 	Social interaction skills <ul style="list-style-type: none"> Looking at and describing what children in a book are doing together
PHYSICAL /HEALTH	Fine motor development <ul style="list-style-type: none"> Manipulating a ball of play dough 	Fine motor development Gross motor development <ul style="list-style-type: none"> Ringing bells to words in songs 	Fine motor development Good health practices <ul style="list-style-type: none"> Dressing felt bears and toy dolls 	Fine motor development <ul style="list-style-type: none"> Manipulating water and dry material 	Gross motor development <ul style="list-style-type: none"> Practicing how to jump

	BLOCK 11	BLOCK 12	BLOCK 13	BLOCK 14	BLOCK 15
COMMUNICATION/ LANGUAGE	Receptive language Expressive language <ul style="list-style-type: none"> • Touching, naming, and moving parts of our bodies 	Receptive language Awareness of print and pictures <ul style="list-style-type: none"> • Connecting visual symbols to items, activities, and songs 	Receptive language Expressive language Awareness of print and pictures <ul style="list-style-type: none"> • Connecting book text to pictures 	Receptive language Expressive language Awareness of differences in sounds <ul style="list-style-type: none"> • Remembering words in a song and rhyme 	Receptive language Expressive language <ul style="list-style-type: none"> • Talking about the story of a very hungry caterpillar
COGNITIVE	Object inquiry skills Problem-solving <ul style="list-style-type: none"> • Building simple houses for different types of toy animals 	Object inquiry skills Problem-solving <ul style="list-style-type: none"> • Sorting familiar items 	Problem-solving <ul style="list-style-type: none"> • Engaging in movements that emphasize different spatial relationships 	Object inquiry skills Problem-solving <ul style="list-style-type: none"> • Comparing clothes worn by people and by animals 	Object inquiry skills <ul style="list-style-type: none"> • Putting together different types of blocks
SELF-REGULATION	Self-control <ul style="list-style-type: none"> • Watching and practicing a frog pose (yoga) 	Executive function <ul style="list-style-type: none"> • Watching and remembering the location of a moving toy car 	Concentration <ul style="list-style-type: none"> • Watching and doing movements suggested in a song 	Self Control <ul style="list-style-type: none"> • Watching and practicing a downward dog pose (yoga) 	Executive function <ul style="list-style-type: none"> • Taking apart and putting together a puzzle
SOCIAL-EMOTIONAL	Social interaction skills <ul style="list-style-type: none"> • Talking about activities and saying our names 	Social interaction skills <ul style="list-style-type: none"> • Working cooperatively with others 	Social interaction skills Awareness of emotions <ul style="list-style-type: none"> • Exploring ways to share 	Social interaction skills <ul style="list-style-type: none"> • Caring for items in our room 	Social interaction skills <ul style="list-style-type: none"> • Engaging in pretend play with peers
PHYSICAL /HEALTH	Fine motor development <ul style="list-style-type: none"> • Practicing hand movements to a song 	Gross motor development <ul style="list-style-type: none"> • Moving our arms in different ways 	Fine motor development <ul style="list-style-type: none"> • Drawing on smooth and textured surfaces 	Fine motor development <ul style="list-style-type: none"> • Putting together materials with both hands 	Gross motor development Fine motor development <ul style="list-style-type: none"> • Exploring underhand and overhand ball throwing

	BLOCK 16	BLOCK 17	BLOCK 18	BLOCK 19	BLOCK 20
COMMUNICATION/LANGUAGE	Receptive language Expressive language <ul style="list-style-type: none"> Talking about the actions of little ducks 	Receptive language Expressive language <ul style="list-style-type: none"> Talking about and showing how construction trucks work 	Receptive language Expressive language Awareness of differences in sounds <ul style="list-style-type: none"> Talking about children from different countries singing the same song and saying “hello” in different languages 	Receptive language Expressive language <ul style="list-style-type: none"> Pretending to row a boat 	Receptive language Expressive language <ul style="list-style-type: none"> Talking about and acting out speckled frogs eating delicious bugs
COGNITIVE	Object inquiry skills <ul style="list-style-type: none"> Matching pictured and real items 	Problem-solving <ul style="list-style-type: none"> Exploring different spatial concepts 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Putting together toy bears that are the same and different 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Exploring identical wooden figure toys that can fit together 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Exploring novel fit-together blocks of different sizes
SELF-REGULATION	Concentration <ul style="list-style-type: none"> Paying attention to pictures to determine whether they are the same or different 	Self-control <ul style="list-style-type: none"> Calming down by pretending to be a cornstalk moving in the wind 	Self-control <ul style="list-style-type: none"> Practicing ways to calm our bodies and minds 	Executive function <ul style="list-style-type: none"> Clapping and freezing our arms and hands in response to an orange circle 	Self-control <ul style="list-style-type: none"> Calming down by pretending to be seaweed moving in the water
SOCIAL-EMOTIONAL	Awareness of emotions <ul style="list-style-type: none"> Talking about and making different facial expressions 	Awareness of emotions <ul style="list-style-type: none"> Naming and describing some common feelings 	Awareness of emotions <ul style="list-style-type: none"> Talking and singing about different feelings 	Awareness of emotions <ul style="list-style-type: none"> Talking about feelings experienced by a little fox 	Awareness of emotions <ul style="list-style-type: none"> Talking about feeling up and feeling down
PHYSICAL /HEALTH	Fine motor development <ul style="list-style-type: none"> Manipulating different types of puzzle pieces 	Fine motor development <ul style="list-style-type: none"> Moving shakers in different ways to music 	Gross motor development Fine motor development <ul style="list-style-type: none"> Tossing and catching colorful scarves 	Gross motor development <ul style="list-style-type: none"> Exploring and practicing how to kick a ball 	Fine motor development <ul style="list-style-type: none"> Using tongs to manipulate small blocks

	BLOCK 21	BLOCK 22	BLOCK 23	BLOCK 24	BLOCK 25
COMMUNICATION/ LANGUAGE	Receptive language Expressive language Awareness of pictures and print <ul style="list-style-type: none"> Talking about and remembering the search for a puppy that is hiding 	Awareness of pictures and print Expressive language <ul style="list-style-type: none"> Connecting a printed word to objects and pictures 	Receptive language Expressive language <ul style="list-style-type: none"> Talking about and pretending to be an animal inside an egg 	Receptive language Expressive language <ul style="list-style-type: none"> Telling stories with a wordless book and props in a “story bag” 	Awareness of differences in sounds Expressive language <ul style="list-style-type: none"> Talking about sounds featured in a book and heard in our room
COGNITIVE	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Participating in games that promote the concepts of one and two 	Problem-solving <ul style="list-style-type: none"> Engaging in different types of pretend roles and play 	Object inquiry skills <ul style="list-style-type: none"> Putting together a Potato Head toy 	Object inquiry skills <ul style="list-style-type: none"> Talking about and acting out opposites 	Problem-solving Object inquiry skills <ul style="list-style-type: none"> Sorting and matching by color and type
SELF-REGULATION	Executive function <ul style="list-style-type: none"> Watching and remembering the location of a rabbit that hops and hides 	Self-control <ul style="list-style-type: none"> Calming down by pretending to be a tree moving in the wind 	Concentration <ul style="list-style-type: none"> Focusing on one of two characteristics of picture cards 	Executive function <ul style="list-style-type: none"> Pretending to sleep, wake, and act like a specific animal in response to the words of a song 	Self-control <ul style="list-style-type: none"> Pretending to be a tree moving slowly in the wind with music and standing still when music stops
SOCIAL-EMOTIONAL	Awareness of emotions <ul style="list-style-type: none"> Talking about and practicing ways to calm down when we feel upset 	Awareness of emotions <ul style="list-style-type: none"> Talking about how the main character of a story might feel in response to different events and situations 	Social interaction skills <ul style="list-style-type: none"> Talking about and using our hands to do good things for ourselves and others 	Awareness of emotions <ul style="list-style-type: none"> Talking about different feelings and reasons for different feelings 	Social interaction skills Awareness of emotions <ul style="list-style-type: none"> Talking about loud and quiet voices, and being quiet
PHYSICAL /HEALTH	Gross motor development Fine motor development <ul style="list-style-type: none"> Engaging in physical movements that include crossing the midline 	Gross motor development <ul style="list-style-type: none"> Practicing different ways to jump 	Fine motor development <ul style="list-style-type: none"> Manipulating and creating with play dough 	Fine motor development <ul style="list-style-type: none"> Using fine motor skills to practice pincer grasps, manipulate tongs, and cut with scissors 	Gross motor development <ul style="list-style-type: none"> Practicing walking on a low balance beam